

# What communication style (heart line type) are you?

## Are you compatible with your partner?

The way you react emotionally is visible in your hands, through the shape and length of your heart line. There are 4 basic types and lots of different combinations.

**These basic types are:** Passionate (fire) also called “Gina”, Big heart (water) also called “Donna”, Hermit (earth) also called “Clint” or Romantic Idealist (air) also called “Michael”.

(The names Gina, Donna, Clint or Michael were given to these types by Richard Unger who developed this system. They come from movie stars who represent typical examples.)

### How to work out your type?

Look at the image below. Imagine a vertical line drawn between your index and middle finger and a horizontal line mid way between the base of your index finger and start of the next line down towards your thumb.

### Look at the shape and length of your headline.

Your heart line is one of the 3 major lines in your hand. It's the one closest to your fingers.



### 1. Curvy or flat?

Does it curve up to the fingers like this one here, or is it a more flat, horizontal line?

Curvy = emotional and expressive

Flat = more mental, less expressive

### 2. Where does yours end?

Does your heart line end under the index finger? (Focus on other people's needs.)

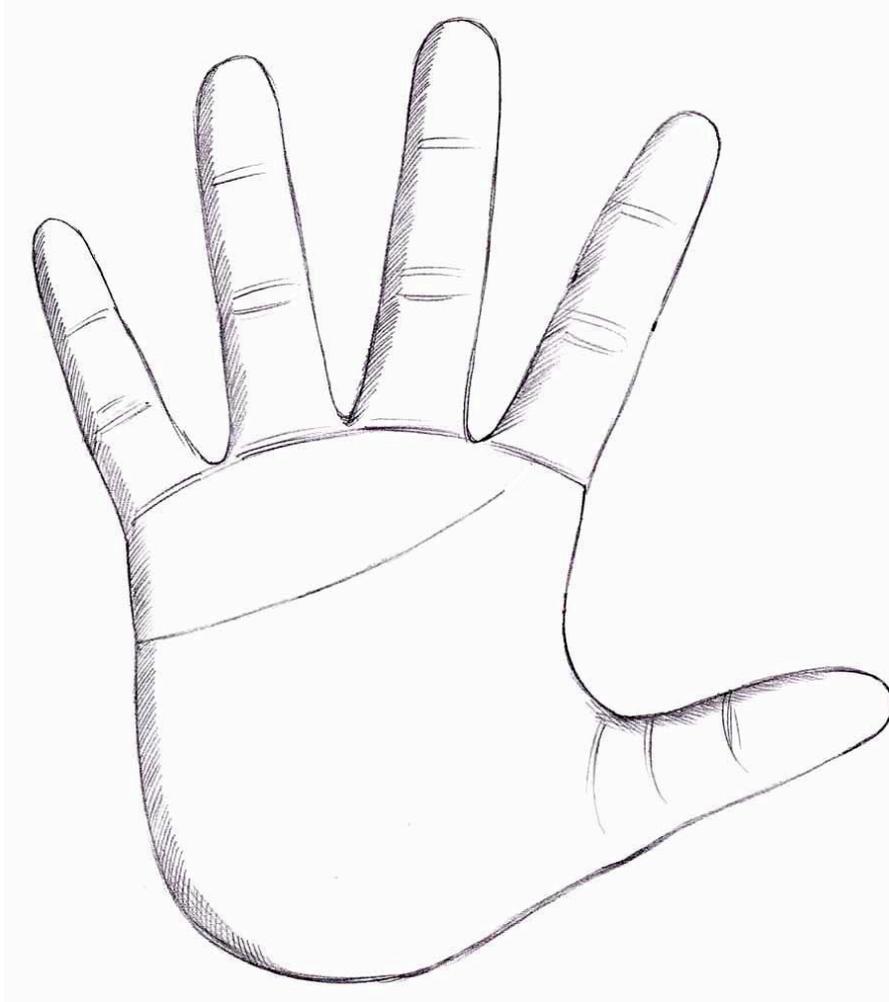
Or does it end under your middle finger? (Focus on your own needs.)

You may have different endings on each hand. Right hand is what you show the world. Left hand is more inwardly expressed or revealed only to family.

**Simians please note:** If you have only 2 main lines instead of 3 you are probably a Simian type. This is a gift marker and might be on one or both hands. Info about Simians types are not included in this short report. If you are one, read about the type here called Michael (air heart line). Do NOT read or believe all the negative stuff written about Simians. Read my various posts on Simians explaining the good news of owning this hand marker. Many talented, highly successful people have this marker. <http://tinyurl.com/67tmx22> See this: <http://www.handanalysisonline.com/simian.php>

## The Big Heart type

**Water type also called “Donna”, after actress Donna Reed.**



The water(big heart/Donna) heart line is long and curves up towards the index (Jupiter) finger.

Water heart line types need connection. They are sensitive and caring. They are sometimes too giving and flexible and prone towards self sacrifice or clinging. They seek to be contained. Relationship style: nurturing.

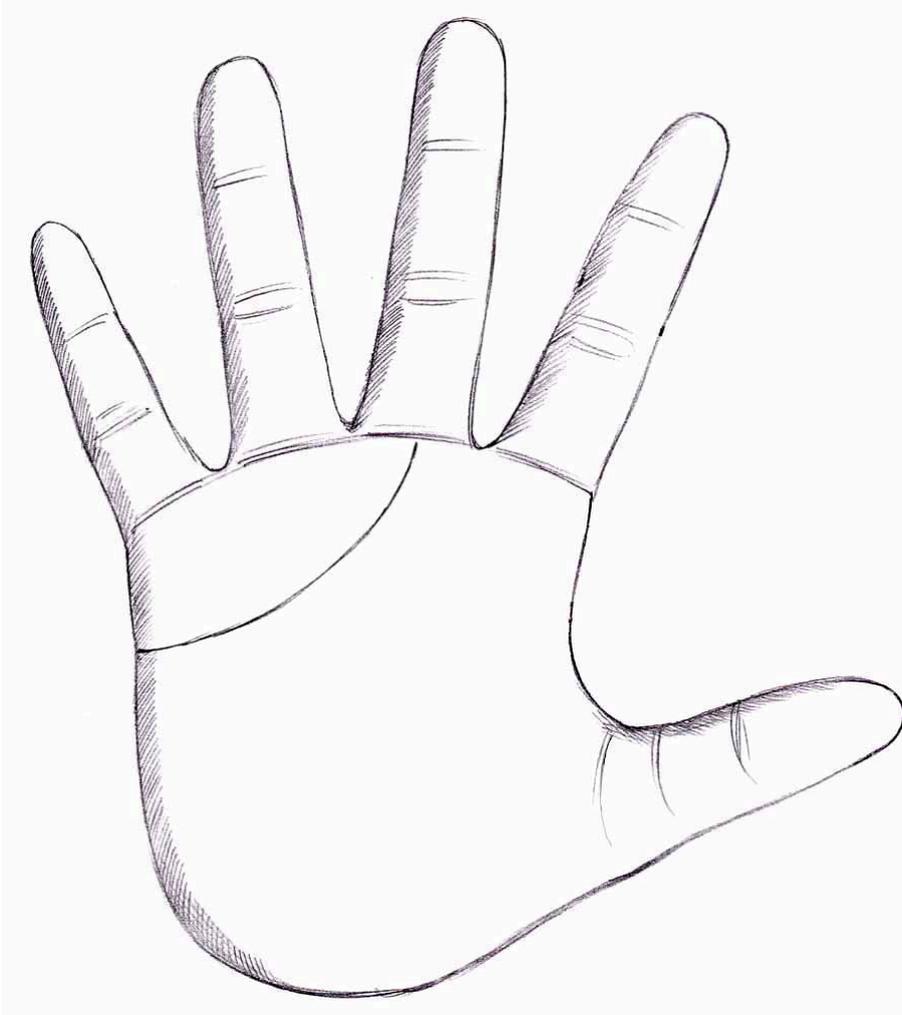
**Orientation: you first. Expressive.**

(Extreme version of this is the “Pure heart”: when the line is clean and unbroken and goes right up to the index finger. This is very rare and a gift marker.)

**Opposite type (ideal partner): Clint**

## The hot-blooded, passionate type

**Fire type also called Gina (after Gina Lollobrigida)**



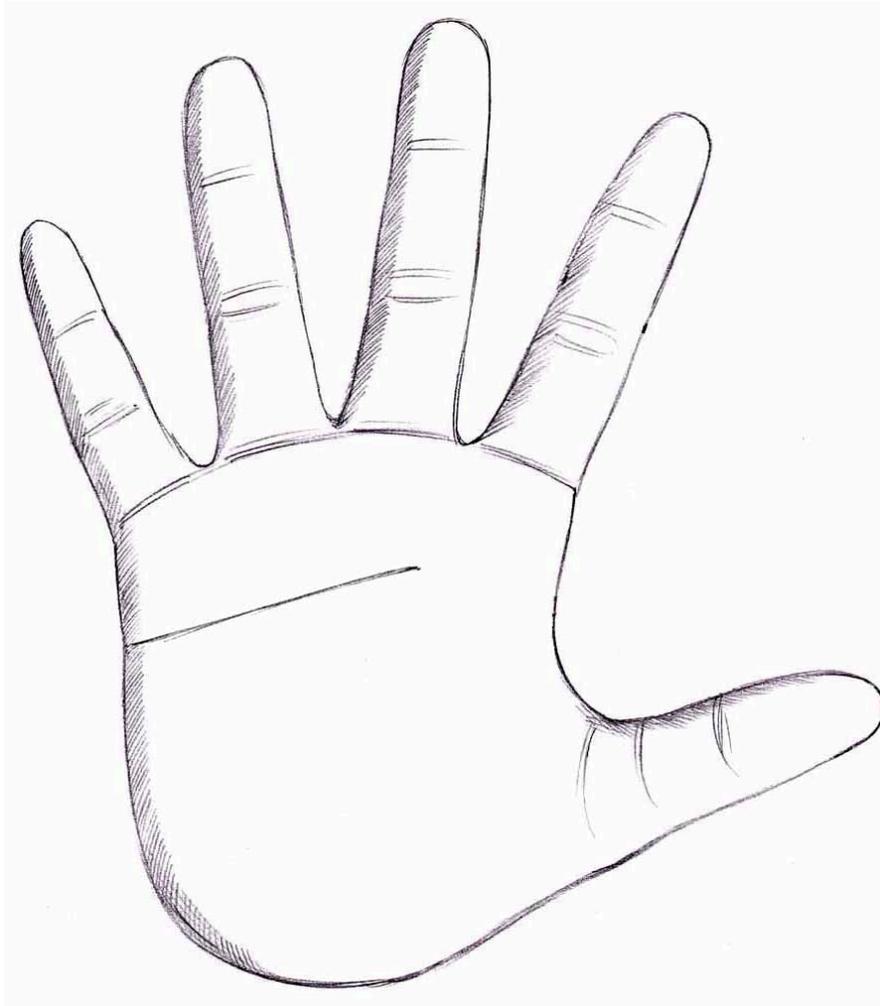
The Fire heart line curves upwards towards Saturn. It's the most curved heart line (curved = emotional) These types are vivacious and like to be the centre of attention. They need passion and hate boredom. They are challenged to focus and may over display inappropriately.  
Relationship style: let me tell you what I want.

**Orientation: Me first. Expressive.**

**Opposite type (ideal partner): Michael**

## The reserved/hermit type

**Earth type also called “Clint” after Clint Eastwood**  
(Just me and my horse).



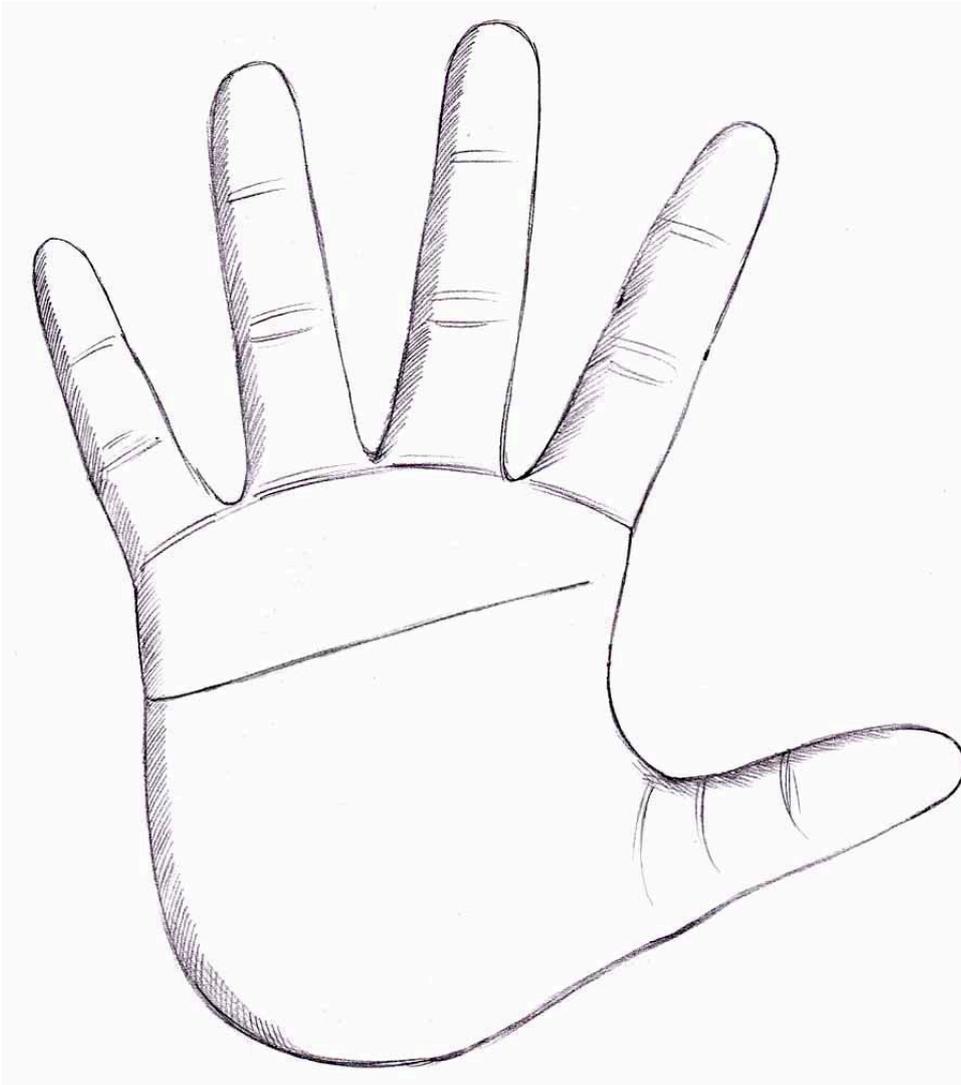
The Earth heart line is short and straight. This is the loyal, strong silent type. They prefer to show their emotions through actions rather than excessive words. Owners are more likely to brood on their feelings than express them. They won't let you know if they are feeling overburdened or unappreciated. Work and personal freedom come first. This type needs to feel appreciated and hates clinginess. They love nature, family and tradition and don't like too much change or complex social situations. Relationship style: reserved. 'not now, I'm busy!' .

**Orientation: Me first. Not expressive.**

**Opposite type (ideal partner): Donna/ water**

# The Romantic idealist type

The air type also called "Michael" after Michael Caine.



The Air heart line is long and flat. These types are romantic idealists. They are thoughtful, considerate, and rational and hate conflict. They like long conversations but can be sarcastic and aloof.

Relationship style: analysis paralysis - to think about feelings rather than express them in the moment.

**Orientation: you first. Not expressive.**

**Opposite type (ideal partner): Gina / fire**

## Quick summary

Of these four types, 2 express their emotions easily (Passionate/Fire type and Big Heart/Water type) and 2 don't (Hermit/Earth type and Romantic Idealist/Air).

2 types are focused on their own needs (the Passionate type and the Hermit type) and 2 on other people's needs (the Big Heart and the Romantic Idealist).

## Why is it important to know your type?

Your emotional type is one of your key resources. It's vital that you live your heart line type to be a happy, healthy you. This is called 'The validity of the personality'. The advanced type also integrates 5% of their opposite, but no more.

### Who is your ideal partner?

Your ideal partner is your exact opposite type. In other words, if you are the Big Heart, expressive, caring mother type, your perfect partner is the quiet, silent type who needs lots of freedom and is focused on his or her own needs.

Likewise, if you're the passionate, hot-blooded Italian type your ideal mate is the considerate, Romantic idealist

### What happens if you don't live your type?

If you move in with someone too similar to you, there's a danger of trying to be the opposite type to your partner. This could cause you to move more and more away from your own essential nature.

### Do you have unrealistic expectations of your partner?

If your partner is a different type to you don't expect them to behave more like you; to talk when it's not their nature to talk a lot about their feelings or to be reserved when that's not who they are. Not talking about love doesn't mean not feeling love.

Many common relationship problems can be solved by knowing and living your type and allowing your partner to do the same.

## Learn more about the relationship challenges of each type.

Learn more about the 4 types and their unique communication challenges. Listen to the call with Richard Unger on this topic. More information here:

<http://handanalysisonline.com/earth-school-topic-2-2011-relationship-problems>

## Heart line challenges

For information about a selection of heart line challenges see the following blog posts:

Are you feeling unsupported or betrayed? (dangling x's) <http://tinyurl.com/5zrf26>

Are you scared of being hurt? (doubling on the heart line) <http://tinyurl.com/6cja777>

Do you believe in love at first sight <http://tinyurl.com/5ramxf1>

Are you angry with your partner? <http://tinyurl.com/5upz2c8>

Download a class on power give away markers here: <http://handanalysisonline.com/previousclasses>