



Decoding Life Purpose from Fingerprints

by Jena Griffiths

“What’s my purpose? How can I find fulfilment?” “What’s stopping me?”
Surprising as it may seem, these questions can be answered by exploring the patterns on your fingerprints.

Your fingerprints are unique. They’re an energetic map of who you are beyond your personality and life experience. We can now decode your fingerprints to reveal your life purpose and also how to unlock it.

The method we are going to use below shows you a very easy way to do this in just six steps.

How can I figure out my Purpose from my fingerprints?

Broadly speaking,
Your most complex fingerprint show your life purpose.
Your least complex fingerprint shows your life lesson.

Now using a process of elimination, we look for which of your 10 fingers has the most complex pattern, and which of the 10 has your least complex print. Then we look to see what that particular finger means. (See the chart is at the end of this report.)

Let’s start with life lesson (your least complex fingerprint)
and then reverse the process to find your life purpose.
(most complex fingerprint/s).

How do we determine complexity?

We look for how many triradii (junction points)
are in the fingerprint: 0, 1 or 2

0 triradii = least complex
2 triradii = most complex



What is my life lesson?

Your life lesson is like the grit in the oyster that makes the pearl possible. Being able to see it is the key that unlocks your life and your purpose.

How to know what it is?

Look for the least complex fingerprint pattern in all 10 of your fingers.

Of all the fingerprints that exist, least complex fingerprint is the arch. So, if you have any arches, it is easy to figure out what your lesson is.

Step 1: Look for arches.

Do you have any arches in your hands?

How to identify the Arch (school of peace)

The arch is the simplest fingerprint pattern. It looks like a gentle wave. Sometimes it rises in the middle but usually not. It has no triradii (meeting junctions) and no core (spiral-like formation) and no 'tent pole' junction down the middle.



If you have an arch, then the exact finger/s it is on indicates what your life lesson is about.

(Turn to page to see what that finger location means.)

The Arch = 0 triradii = zero pattern complexity

Some more examples of the arch fingerprint:



Less than 5% of fingerprints are arches so don't be surprised if you don't have one.

If you have one arch or more draw a dash (-) on the chart below to indicate each position where your arches are.

The top line is your right hand. The bottom line is your left hand.

	Thumb	Index	Middle	Ring	Pinkie
right hand					
left hand					

But what do they mean? Turn to page 12 to see what the finger position represents.

For example, if your arch is on the right hand index finger it means your life lesson is about power issues. If it is on left pinkie it means surrender issues.

Note! If you have 6 or more arches, then you no longer look at the individual meanings of each finger. Instead you use the flavour of this fingerprint (peace and finding balance) as your lesson.

What if you don't have any arches? Then go to step 2.

Step 2. Look for tented arches.

If you have no arches, look for the next least complex fingerprint.

The Tented Arch (school of wisdom)



This pattern looks like a tent pole. All tented arches have one triradius, this looks like a spine or tent pole located in the centre of the fingerprint. If the spine is off centre then it probably isn't a tented arch.

Pure tented arches are rare (less than 3% of all fingerprints) so probably you don't have one.

Many prints have some loop and some tented arch characteristics. How to tell the difference? Ask yourself: Is the tent pole in the middle of the finger or to one side? If it is in the middle, then call it a tented arch for this exercise. (Compare the examples below to the prints in step 3).



The examples above show a pure tented arch on the left and progressively more half tented arch/half loop on the right. (For pure loops the tent pole is not in the middle but on the side of the fingerprint. See step 3 for identification.)

If you have no arches but you do have one or more tented arch, then the position of this fingerprint indicates what your lesson is.

Draw a  indicating a tented arch on the chart below, showing on which finger it is located. (Right hand is the top line, left hand is the bottom.)

right hand	Thumb	Index	Middle	Ring	Pinkie
left hand					

(See chart on page 12 for individual meanings of each finger position.)

Again, the 6 print rule applies: if you have 6 or more tented arches, then you no longer look at the individual meanings of each location. Instead you use the flavour of this fingerprint (the school of wisdom) as your lesson.

Tented arches mean you're exploring the theme of committing, of taking action instead of endless evaluation.

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Most people have no arches and no tented arches. If this includes you, then move on to step 3 to find your life lesson.

Step 3. Look for loops.

If you have no arches and no tented arches in your fingerprints, then look for loops. Your lesson is wherever the loops are.

Identifying the Loop (school of love)



All loop fingerprints have one triradius (junction) to one side (not always visible in the print). The fingerprint loops up and then flows off one side of the finger (away from the triradius). The pattern can flow out to the left or right. (Patterns that flow towards the thumb are called radial loops and are ranked slightly higher than normal (ulnar) loops that flow away from the thumb).

If you have no arches and no tented arches, then loops show you where your lesson is. Loops are the most common fingerprint pattern. So the chances are high that you have some.

Wherever you have loop fingerprints draw a loop symbol on the chart below, to show which finger(s) they are located on.



See page 12 for the meaning of each position.

(Right hand is the top line, left hand is the bottom.)

	Thumb	Index	Middle	Ring	Pinkie
right hand					
left hand					

If you have **more than 6 loops**, stop looking at the individual meanings of each finger position . Your life lesson is about “love and connection, vulnerability skills and emotional authenticity/speaking your truth.”

What if all fingerprints are the same?

When all fingerprints are the same then the lesson and the purpose are the same.

If you have 10 loops this is called the Butterfly.

(See Richard Unger’s book LifePrints p 261 or his Ebook LifePrints Deluxe for more about this.)

No loops?

Do you have Peacocks?



Sometimes a loop develops an additional little “eye” inside it. A tiny core that makes the print look like a peacock’s feather. But the print is still the same shape as a loop. (It runs off to one side and has only one triradius.)

These fingerprints are called “peacocks”
Some peacocks have big eyes. Some have very small eyes.

If you have no arches, no tented arches and no loops, then peacocks are your lowest ranked fingerprints and all your other fingerprints are whorls or composite whorls. If all your other fingerprints are whorls, then wherever the peacock is (whatever finger location it is on) is where your lesson is.

(See more about peacocks later under composite fingerprints.)

Step 4. Look for whorls and composites.

If you have no arches, no tented arches, no loops and no peacocks then this means you must have 10 whorls or a combination of whorls and composite fingerprints.



The Whorl (school of service)



All whorls have two triradii (marked here in green) and a core. The core is the centre point within a spiral like pattern. A triradius is a junction from which the lines separate into three directions.

Whorls are the highest ranked fingerprint. This means that they can only be your lesson if all your fingerprints are whorls.

Whorls are School of Service. Your purpose and your lesson is about right service.

Whorl variations



Composite Whorls

You might have a handful of whorls but some of them have an 's' shape in the middle. The core goes in 2 directions.

These are called composite whorls or double loops. If all your other fingerprints are whorls, then your lesson is where the composite whorl is.



The Composite Whorl

Note the double loop - an 'S' shape in the core, almost like a yin yang symbol.



Mark where your composites are in the chart below. (Right hand top, left hand bottom.) See page 12 for the meaning of each position.

	Thumb	Index	Middle	Ring	Pinkie
right hand					
left hand					

More examples of composite whorls:



Unusual composite fingerprints

If you've been through the whole process above and you still can't identify one or more of your fingerprints this means you have unusual composite fingerprints. A composite fingerprint is made of 2 or more of the above types.

We have already looked at the two most common composites: The peacock (half whorl/ half loop) and the Composite whorl. It is beyond the scope of this report to identify rare and unusual composites. If you think you have one I recommend you have a professional look at your fingerprints rather than try to figure this out yourself. (The print on the right is an example of a rare composite fingerprint.)



Think of these prints as extra curricular subjects in Earth University. When you are not doing your homework on your usual thesis, this is extra homework that gets piled up on you.

Understanding the 10 fingerprint locations

The easiest way to think of and remember the 10 locations :
The Right hand is expressed out in the world
The Left hand is more inward, or in the family, expression.

Jupiter/Zeus finger (index/pointer) is all about power and powerlessness.
Right hand is power out in the world.
Left hand is about inner power.

Saturn/Cronus finger (middle) is all about value.
Right Saturn is about value out in the world. For example, money, responsibility.
Left Saturn is about inner value. Self worth, integrity.

Apollo (ring finger) is all about being seen and creativity.
Right Apollo is creativity/individuality/being seen out in the world.
Left Apollo more inner directed/listening to one's own drummer/innovator/not worrying about criticism.

Mercury/Hermes (little finger) is all about communication.
Right mercury communication out in the world.
Left mercury inner communication/the healer or intimate communication.

The 10 locations

Identifying Life Purpose

Thumb	Jupiter	Saturn	Apollo	Mercury
The doer Worldly success Tangible results	The leader, Person of Influence, Power, authority	The business person, money, responsibility, Integrity.	In the spotlight, artist, fame, the individualist, creativity	The persuader, The author, the speaker, person with a message
Family and/or Community ties Without selling out.	Personal power, Stand one's ground, live one's passions	The mentor, The teacher/master of integrity	The innovator, Dare to be different, handle Critics, true to craft	The healer, Inspirational communications, insight

Identifying your life lesson

Thumb	Jupiter	Saturn	Apollo	Mercury
Failure, Incompletion, frustration	Powerlessness, Helplessness, overwhelm	Irresponsibility, money issues, Integrity issues, Inappropriate Behavior	Creativity blocks, hiding out, Apathy, I don't belong	Difficulty speaking up for oneself
Family and/or Community ties Out of sync.	Violation, shame Numbness, Blocked passions, boundary issues	Self worth, Integrity issues, Guilt	Fear of rejection or social disapproval	Surrender / intimacy issues

Interpreting your life lesson

The top chart shows the positive poles and the bottom chart shows the negative poles for themes related to each finger. The more you see the pattern the more you are able to shift to the positive pole.

Lessons on more than one finger

Note: If your life lesson is on more than one finger the meanings change slightly. In this case, explore the meanings of the various common combinations. For example, Middle + Index finger = the “Not Good Enough” theme in various forms.

See Richard Unger’s book LifePrints (200 pages) or his Ebook (500 page manuscript) for a thorough exploration of the common combinations (multiple finger positions)
[Click here to view this book in the hand analysis shop](#)

Identifying your life purpose

You can use the same process we’ve just been through to identify your life purpose. Just work in the reverse order. (Your least complex fingerprint shows your lesson. Your most complex fingerprint shows your purpose.)

Start with the whorls. If you have any whorls in your hands this is where your purpose is. If you don’t have any whorls look for loops. This is where your purpose is. No whorls and no loops then look for tented arches. No tented arches? then you must have 10 arches, which is possible, but extremely rare.

Deepening your understanding

Opposites apply! Explore the opposite meanings of both values.

Your Life Purpose Inverse is the other side of the pendulum swing to being on purpose (it manifests when you are not shining).

Your “Exalted Life Lesson” is the positive pole (other side of the pendulum swing) of your Lesson. This is what manifests when you are fully on purpose.

Work further with Jena Griffiths

- Host a workshop or reading circle for friends
- Private hand analysis consultation
- Partner or family consultations
- Foundation Hand Analysis classes online or in person

Jena is a certified Master Hand Analyst. She has spent the last 15 years exploring the frontiers of the human psyche through the blueprints in our fingerprints.

More information on Jena's hand analysis blog: handanalysisonline.com/

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Testimonials

A lot of things have changed since our session together. I feel less wrong and more confident and I feel I know what I've got to do now.

- S.O. Austria

'I've just finished listening to the recording of the hand analysis you did for me and just wanted to say thank you so much again. Listening to it a second time was even more insightful and has made me realize just how much knowledge and wisdom you have helped me to access about myself. You have a real talent and I'm so glad I went with my instinct of choosing you to do my hand analysis. It was a lovely experience and your approach is so warm, friendly and fun, as well as being professional. I feel I have an incredibly detailed and full picture of my true self now and one that was communicated to me with real emotional intelligence and with great analogies by yourself. I now know my talents, strengths and life purpose, as well as the things I need to work on. Thanks so much! I will treasure this information forever.'

- S.A. UK